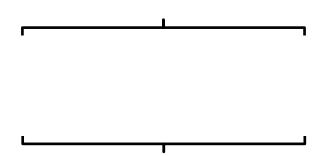
March 2025 THE EAGLE GAZETTE JWH Oregon Senior Center 4350 Navarre Avenue Oregon, Ohio 43616

NON-PROFIT
U.S. POSTAGE PAID
TOLEDO, OH
PERMIT NO.1011

ADDRESS SERVICE REQUESTED





THE EAGLE GAZETTE

James "Wes" Hancock Oregon Senior Center
Volume 285 ~ MARCH ~ Issue 295
Senior Center and Nutrition Hours: Monday - Friday, 9:00 am - 2:00 pm
Phone:(419) 698-7078—www.oscohio.org







From Paula's Desk,

Someone has forgotten to tell Jack Frost that spring is less than four weeks away! Seems like snow, ice, snow, more ice, etc, etcl! We've had a few weather closing as of late. What's up with that?

A BIG THANK YOU to Quinn McDougle for preparing our Cabbage Roll Dinner, oh, so good. Also Mary and Maria from Orchard Villa, Melinda from Compass Care, Kristy from Gardens of St. Francis, Tonya from Ardyn, our own Lillian and our staff and volunteers for all of the donations and support.

Did you hear that Becky Hrabovsky won the 75" color television and then gave it to Susie Moszkowicz?

Susie has been under the weather and is confined to home and will greatly enjoy that big screen TV. Becky you are a really good friend! So, what's next, the Charity Baumann Car Raffle Tickets will be here on April 1st! So, tuck a \$5 bill away to be one of the first to buy a ticket to win a new car. My son, Philip had a ticket in the last 50 drawing last year. We were so excited, just hoping to win, unfortunately, he didn't win. Boo-who.

So, we have planned all day BINGO for Monday, March 17th here with the East Toledo Senior Center. Doors open at 8:30, light breakfast, 2 rounds of penny bingo, breaks and snacks, warm soups for lunch, beverages, high stakes bingo, did I mention the snacks, a bonus round, door prize, 50/50 raffle, basket raffles, did I mention snacks and all day with me and the staff. The whole day for \$15 and that includes your \$3 fee for high stakes bingo. You need to bring your pennies for penny bingo, your daubers and papers. We will also, have supplies for sale. Be sure to checkout all the additional information in this news letter.

Let's talk about that nasty flu bug. Please if you do not feel well, stay home. The flu is everywhere. Coughing, sneezing, runny nose, and fever are reasons to snuggle up to stay warm, keep hydrated and enjoy chicken soup and a movie. Our staff is constantly cleaning and sanitizing the Center to help keep you well. Another reason to stay home is the weather. Do not take chances. Remember stairs, sidewalks, and driveways are as dangerous as the roads. The streets and roads are plowed by the City, County and State. Who is shoveling your walks and driveway? The Center closes when the Oregon schools close for your safety. If the children shouldn't be out, neither should we. A broken bone is not an easy recovery. That being said, you do not have to call and ask if we are open...When the weather is bad and the Oregon schools close, so does the Center. Please check out on our Facebook Page and the bottom of the local TV stations for current info.

Please invite a friend to join you at the Center. A great way to introduce them is with a warm cup of coffee and free breakfast on Tuesday or Thursday mornings. We can give then a newsletter and a quick tour of the Center to make them feel welcome.

Please remember to patronize our supports



JWH Oregon Senior Center's Mission

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

Find us online at WWW.OSCOHIO.ORG

2024 Board of Directors

~OFFICERS ~

President: Sharon Rudess, Senior Center Rep Vice President: Loretta Witte, Senior Center Rep Treasurer: Brett Tscherne, Eggleston, Meinert & Pavley Secretary: Beth Estep, DNP, RN, CEN, Assoc. CNO/VP Patient Care Service, Promedica Bay Park

~DIRECTORS ~

Sister Dorothy Thum, Mercy St. Charles Hospital John Eisenhart, Senior Center Advisor Erin Fisher, Eastern Community YMCA Maria Bradford, Orchard Villa Jen Kurtovic, Eastern Maumee Bay Chamber of Commerce Rex Powers, Senior Center Rep

~ ADVISORS ~

C.P.A.: Tucker Kissling & Associates
Legal: Melissa Purpura
Building: Keith Henninger
Council: Dennis Walendzak
Margaret Weisenburger Attorney at Law

~EXECUTIVE DIRECTOR ~ Paula J. Benton 419-279-6541

Leave the driving to us!



Appointments, shopping, medical, banking, hairdressers, to the Senior Center and more!

Transportation provided to any Oregon resident 60 and older to and from anywhere in Oregon!

<u>Transports MUST be scheduled 24hr in Advance!</u>

SUGGESTED DONATION: Essential trips \$4.00 roundtrip \$1.00 for each additional stop.

Our JWH Oregon Senior Center CORPORATE MEMBERS GOLD CLUB

Baumann Auto Group
Dimech Services Inc., East Point Rehabilitation, LLC,
Mercy St. Charles Hospital, ProMedica Bay Park,
Arthur Daly Post #334, Inc., Kenneth Young

FOUNDER'S CLUB

Bay Area Credit Union, Chemtrade Refinery Services, Compass Management, Oregon/Northwood Kiwanis

PRESIDENT'S CLUB

Croghan Colonial Bank,
Gardens of St. Francis
Liberty Tax, Oregon Insurance & Financial Services,
Joseph P Sexton DDS Inc,
Walker Funeral Home & Crematory

DIRECTOR'S CLUB

Alan Miller Jewelers, Dunn Chevrolet Inc, Freck Funeral Home, G. Scott Louderback, DDS, Genoa Bank, Meinke Marina, Tucker, Kissling & Associates

FRIENDS OF THE CENTER

Asset Protection Corp, Ronald & Debra Baker Bernie Stone Ins, Citizen's Tax, Paul Blackburn, Loretta Witte, Ella Mae Iman, Robert & Carol Vincent Dee & Jim Davies, Eggleston Meinert & Pavley Funeral Home



Do you need transport across the river?

TARTA

Now Serving Oregon Fixed Route 2 all the way to Flower Hospital **TARTA Flex and TARPS**

419-698-7078 OCS can help!

MARCH BIRTHDAYS

Michael	Adkins	3/1
Joyce	Zemnicki	3/1
Elaine	Gladiex	3/3
Phyllis	Guy	3/4
Jane	Overholser	3/4
Ethel	Norden	3/6
Mark	Klatt	3/8
John	Henning	3/9
Bob	Zemenski	3/11
Melba	Peters	3/12
Pat	Frazier	3/12

Jessie	Henneman	3/13
Sharon	Newton	3/15
Randy	Urbanowicz	3/15
Tricia	Vislay	3/15
Joice	Smith	3/20
Irene	Csany	3/22
Lynn A	Gibbs	3/22
Michael	Timoff	3/22
Georgene	Ginn	3/24
Joyce	Carpenter	3/30
JoAnne	Burgess	3/31

Bread is available for seniors 60+

Monday-Friday
11am-2pm
while supplies last in the main room of the Center.
For freshest supply, delivery is on Mondays
&Wednesdays.
Limit 2 items.





<u>We're here for You! Contact Us</u>

Oregon Senior Center
419-698-7078
Paula J Benton-Executive Director
Paula@oscohio.org
Amy Jenkins Outreach
Coordinator
Amy@oscohio.org
Questions? Comments?
Suggestions?

Contact@oscohio.org

www.oscohio.org

Supportive Services....
We are here to help you!
If you need help with billing problems, filling out forms, computer questions, etc. Come in and talk to one of the staff members. We are always happy to help!

MEMBERS UNDER THE WEATHER OR RECOVERING

Hassen Abdoney Ralph Bassler Aladino Bijarro Eunice Block Fatima Buck Alice Cobb Millie Cope Panka Eneff Donna Fielding Aurore Farrand Richard Friess
Henrietta Galyas
Norma Gerke
John Henning
Ella Mae Iman
Betty Koska
Doris Levy
Dean Lowe
Marie Markovich
Susie Moszlowicz

Roseann Pastor
Al Papenfus
Gloria Perry
Veronica (Ronnie) Placko
Marilyn Popkin
Pat Prudy
Barbara Rains
Judy Stout
Mary Ann Suto
Rosie Whitt
Theresa Zsigray

Stay informed!

- Oregon Senior Center website www.oscohio.org
- City of Oregon www.oregonohio.org
- Area Office on Aging 419-382-0624
 - United Way 211

WITH DEEPEST
SYMPATHY
TO THE
FAMILIES OF

Gene Kenneth Arnold Ronald Reynolds

The Alzheimer's Association, Northwest Ohio Chapter provides services to Lucas County Residents! The Alzheimer's Association can provide support, guidance, coaching, and education for individuals and families impacted by Alzheimer's Disease and all Dementia's through our 24/7 Helpline (800-272-3900), virtual/telephonic Care Consultations, Education Programs, and Caregiver Support Groups. If interested in registering for a virtual caregiver support group or education program please call the helpline at 800-272-3900. If interested in a Care Consultation please reach out locally to Dakota Stone at 567-302-3608. We are looking for program volunteers to help with education and outreach for more information on how to volunteer please contact Dakota Stone.

Alzheimer Care Support Group at the Oregon Senior Center Thursday March13th @1pm

Fuchre 1/15 Jovce Treat 2nd **Betty Anderson** 3rd Jerry Heilman Booby John Tischinae **Betty Anderson** Loaners 1/29 **Roy Morales** 1st 2nd Jerry Heilman **Tom Castellanos** 3rd Bill Farrand Booby **Tom Castlanos** Loaners Kathy Holter 2/5 1st Bernie Wineland 2nd Jerry Heilman 3rd Booby Barb Rose Tony DeLeon Loaners

Pinochle

1/9	1st	Liz Buschmann
	2nd	John Tischinae
	3rd	Bonnie Smith
	Booby	Al Papenfus
1/16	1st	Al Papenfus
	2nd	Bonnie Smith
	3rd	John Tischinae
	Booby	Liz Buschman
1/23	1st	Jeanne Fox
1/23	1st 2nd	Jeanne Fox Bonnie Smith
1/23		
1/23	2nd	Bonnie Smith Zak Knoop
1/23	2nd 3rd	Bonnie Smith Zak Knoop
,	2nd 3rd Booby	Bonnie Smith Zak Knoop Betty Anderson
,	2nd 3rd Booby 1st	Bonnie Smith Zak Knoop Betty Anderson Bob Anderson
,	2nd 3rd Booby 1st 2nd 3rd	Bonnie Smith Zak Knoop Betty Anderson Bob Anderson Bonnie Smith

Mah Jongg Top 3 players Games Won from 1/29-2/5 Phyllis Guy 4 Dee Mutchler 3 Becky Hrabovsky 0 Wall 1 #1 Top Player Phyllis Guy

Online Grocery Shopping/Delivery

Available Mon-Thurs 9am-1pm

Do you have trouble getting around or are Home bound and unable to get to the store? Let us do the work for you!!

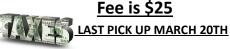
- Call the Center with your grocery list.
- We will place your order for you (using your payment method)
- We will pick up & deliver to you the next day!
 - Call 419-698-7078



Oregon Senior Center Is a
WARMING STATION
Open 9am-2pm
Call for Extended hours
419-279-6541

Liberty Tax

Will be picking up simple form taxes from the Center every Thursday from 11-12pm and will bring back the following Thursday. Must be a Member of the Center and Oregon Resident.



Acrylic Painting Class

With Instructor/Artist Mary Claire Roe

Thursday, March 6th, 13th, 20th & 27th

Our March's class begins the first Thursday of the month and the Subject will be a picture "Country Road" learn to paint a scene using a variety of painting tools and techniques in acrylics.

Join us for some relaxing painting fun. No experience need!

Students bring their own supplies. Please come early to get ready to start right at noon.

Class runs to 2:00pm. Only \$5.00 per every 2hr. class for non-Oregon residents.

FREE to Oregon residents!

Supply List:

11" x 14" canvases (this size recommended for beginners) or any sizes.

Acrylic paint (not craft paint)

red or magenta yellow

ultramarine blue, phthlo blue

(other blues optional)

burnt sienna black, white & other colors optional

Tabletop easel optional Brushes: synthetic: 3/4" flat, 1/4" flat or filbert, small liner (other brushes optional) natural sea-wool sponge rags/paper towels and large water container, foam plate or other palette







- Candy for Jen dish
 - Napkins
 - Tissues

Thank You for your donation & Generosity. We appreciate you!



\$5 Bag Lunches Every Friday at 11:30am

Please sign up on Board

Order 24hr in advance!

*AOoA Lunches will still be available to order 24hr in advance for a suggested \$2.50 donation.



Breakfast Club

Tuesday & Thursday

@ 9am
Free to 60+ older.
Bring a friend!! Donations
appreciated!

Area Office on Aging /Daily Lunches
Come in for Lunch & bring a Friend!
Lunches served daily
Monday– Friday @ 11:30am
You MUST call 24hrs in advance
to reserve your lunch.
Suggested Donations Of \$2.50

Upcoming AOoA Events

Senior Prom Friday, April 11th @ The Premier 4480 Heatherdowns Blvd, Toledo, Ohio 43614

<u>Legislative Breakfast</u> Tuesday, April 29th @ Parkway Place 2592 Parkway Plaza, Maumee, Ohio 43537

Ice Cream Social

Second Thursday, of Every Month!



March13th at 12:00pm Sponsored by: Sara Mason

W/Heritage Health Care

Please sign up on the board!

The Oregon Senior Center is funded by the Lucas County Senior Levy, Title III-B, and grants administered through the Area Office on Aging of Northwest Ohio, Inc. The Center is also supported, in part, by the City of Oregon donations, memberships, and fundraisers also contribute to the operation of the Center.

Donations always gratefully accepted.



Healthy Lifestyle





Call for program details and sign up! 419-698-7078

Informational Classes



Grief Support Group

Monday, March 24th @1pm

Come Join Pastor Julie Beitelschees at OSC to talk about all aspects of Grief.

Diabetic Support Group

Tuesday, March 11th @10:00am

Come together for group discussions share stories and experiences and learn how to cope with this illness.



Fellowship



Tuesday, March 4h &18th

@12-2pm Come join The Freemans with Bible Study, in the Teapot Room.

Alzheimer's Care Support Group

Thursday, March 13th @1-2pm Join Tori Rotary at OSC. These meetings are designed specifically for those caring for someone with Dementia/Alzheimer's





Creative Classes Acrylics Class

Thursday, March 6th, 13th, 20th & 27th 12pm-2pm Join instructor, Mary Claire at the OSC to create another amazing painting. Limited seating. Must sign up for class. Come in or call 419-698-7078. Bring your own supplies. Must be a Oregon residents 60yrs & older.

NEW CLASS CRAFT CLASS w/Deb Baker Twice a month you can Sign up for Craft Class on the board in dining room.

March Classes: Holiday Themed Wednesday, March 5th & 19th

Time: 12-2pm

Exercise & Dance Classes

Ball r oom Dancing

Monday March 3rd, 10th, 17th, 24th & 31st @11:30am Join instructor Dina Rohrs.

Located in OSC Dance Room.

Zumba Style

Thursday March 6th, 13th, 20th & 27th @10:00am Join instructor Dina Rohrs. Located in OSC Dance Room.



Line Dancing

Friday March 7th & 21st @10am Join instructor Jo Kandik. Located in OSC Dance Room.



Tai Chi *Time changes on some of the classes* Friday, March 7th & 21st @ 11:15 am 14th & 28th @10 am,



Instructor Kristen/UTMC Located in OSC Dance Room.

Card/Dice Games



Mah Jongg

Wednesday, March 5th, 12th, 19th & 26th @10:00am.

Euchre

Wednesday March 5th, 12th, 19th & 26th @11:00am



Pinochle 1

Thursday March 6th, 13th, 20th & 27th @10:00am

Bridge

Friday, March 7th & 21st @11:00am

Must have a minimum of 4 participants.





St. Patrick's Day ALL DAY











When: MONDAY, March 17th

Where: Oregon Senior Center 4350 Navarre Ave. Oregon, Ohio 43616 419-698-7078

Co-Host - East Toledo Senior Center

Times: Doors Open @ 8:30am~Breakfast Served @ 9am Fee \$15 Includes: Door Prize Ticket. Continental Breakfast. Lite Hot Lunch, Snacks & Beverages **2** Morning Sessions of Penny Bingo-Bring Your Pennies! 1 Afternoon Session of High Stakes Bingo (\$3 Included in Cost)

PLUS BONUS ROUND!!!

Medical Screening Checks



Tuesday March 4th @ 9-12pm BP's w/ Kelly, Lucas County **Health Department**

Thursday March 27th @ 9:30am-12:30pm w/Loretta LPN

Tuesday March 25th @9-11am BP'S w/ Karen



Come Join the Wynn Kids

With a snack and a craft

Tuesday, March11th @ 9:30am Sign u on the board!

RAFFLE Baumann Car Raffle Tickets are BACK **APRIL 1st** 2025

> Oregon Senior Center Is a **WARMING STATION**

> > Open 9am-2pm

Call for Extended hours 419-279-6541

Rita's Soups

St. Paul's Episcopal Church. 798 Coy Rd. Oregon, OH Every 3rd Saturday of the month from 11am-12:30pm.

Rita's Soups will offer, soup & crackers or bread to anyone who comes through the doors. A free will offering will be accepted from those wishing to contribute to this program.

FOG

AREA



Closings and Delays

Please remember that the Oregon Senior Center CLOSES when the Oregon Schools are closed Due to bad weather.

If Oregon Schools are delayed, Please call the Center 419-698-7078 to see if transportation is still running.

Please check your local news station for the latest closing reports, which scroll across the bottom of your TV screen.





Oregon Senior Center Lunch Menu



March



Monday-Friday 11:30am-12:00pm The suggested donation is \$2.50 419-698-7078

You must RSVP 24 hours in advance!
Served Onsite!
Please specify when reserving your meal
if you want lunch A or lunch B.

			ii you want tunch A o	
Monday	Tuesday	Wednesday	Thursday	Friday
3 A. Chicken Salad B. Ham Salad Pasta Salad Three Bean Salad Fresh Fruit Milk	4 A. Creole Steak B. BBQ Chicken Scalloped Potatoes Mixed Vegetables Wheat Bread Fruit Cup Milk	A. Maccaroni & Cheese B. Beef Italian Macaroni Green Beans w/Tomatoes Parlied Carrots Texas Bread Fresh Fruit Milk	6 A. Chicken Oriental B. Asin Meatballs Brown Rice Green Peas Wheat Bread Mandarin Oranges Milk	A. Cheese Omelet B. Sausage Patty Hashbrown Casserole Orange Juice Biscuit Hot Applesauce Milk
A. Citrus Mojo Chicken B. Spanish Beef &Cabbage Baked Sweet Potato Peas/Red Peppers Wheat Bread Fresh Fruit Milk	A .Hamburger Patty B . Breaded Chicken Patty Tater Tots Hamburger Bun Apple Chrisp Milk	A. Mu Shu Pork B. Teriyaki Fried Rice Ginger Carrots Wheat Bread Pineapple Milk	A. Mozzarella Chicken B. Beef Macaroni Oven Roasted Potatoes Cabbage Whole Kernel Corn Wheat Bread Oatmeal Raisin Cookie Milk	A. Macaroni & Cheese B. Liver & Onions Stewed Tomatoes Mixed Vegetables Wheat Roll Fresh Fruit Milk
17 NO LUNCH ORDERS ALL DAY BINGO!	18 A. Chicken Rice Casserole B. Creole Steak Roasted Brussel Sprouts Mixed Vegetables Wheat Bread Fresh Fruit Milk	19 A. Diced Pork B. Turkey w/Supreme Sauce Delmonico Potatoes Broccoli Wheat Bread Fresh Fruit Milk	20 A. Parmesan Chicken B. Ham & Beans Oven Roasted Potatoes Italian Vegetables Dinner Roll Sugar Cookie Milk	21 A. Chilaquiles Casserole B. King Ranch Casserole Green Peas Sliced Carrots Texas Bread Milk
A. Tuscan Meatball B. Tuscan Chicken Spaghetti Noodles Winter Vegetables Wheat Bread Fresh Fruit Milk	A. Cilantro Lime Chicken B. Pork Asada Spanish Rice Mixed Vegetables Wheat Bread Fresh Fruit Milk	26 A. BBQ Pork Rib Patty B. Beef Chili Baked Potatoes Green Peas Wheat Bread Blueberry Crumb Milk	A. Turkey Tetrazzini B. Salisbury Steak Country Potatoes California Vegetables Wheat Roll Fresh Fruit Milk	A. Pasta Primavera B. Beef Noodle Casserole Green Beans w/ Red Pepper Sliced Carrots Wheat Bread Fruit Cup Milk
31 A. Fajita Chicken B. Taco Meat Mexican Rice Mixed Beans Flour Tortilla Mixed Fruit Milk		These meals are available for suggested donation of \$2.50 to anyone 60 years or older. MEMBERS UNDER 60 Lunch is a MANDATORY cost of \$5.61 and must be given directly to staff. (unless spouse of member is 60 or over.)	Reservations Must be Made 24 hrs. in advance by calling 419-698-7078 Ingredients listed related to allergies call: 419-382-5791 MEALS SUBJECT TO CHANGE	



Monday	Tuesday	Wednesday	Thwrsday	Friday
3 11:30am Ballroom Dancing	4 9am Breakfast Club 9:30am BP's w/ Kelly 12-2pm Fellowship	5 9:30am Bingo 10am Mah Jongg 11am Euchre NEW 12-2pm Craft Class w/ Deb	6 9am Breakfast Club 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	7 9:30am Bingo 10am Line Dancing 11am Bridge 11:15am Tai Chi 11:30am Bag Lunches
10 11:30am Ballroom Dancing	9am Breakfast Club 9:30am Wynn Kids 10am Diabetic Class	12 9:30am Bingo 10am Mah Jongg 11am Euchre	13 9am Breakfast Club 10am Pinochle 10am Zumba Style 12 pm Ice Cream Social Heritage Health 12-2pm Acrylic Class 12:30-2pm \$3 Bingo 1-2pm Alzheimer	14 9:30am Bingo *Time change* 10am Tai Chi 11:30am \$5 Bag Lunch
17 NO LUNCHES All Day B	18 9am Breakfast Club 9:30am Heartland Education / Exercise 12-2pm Fellowship 11:30am Ballroom Dancing	19 9:30am Bingo 10am Mah Jongg 11am Euchre NEW 12-2pm Craft Class w/ Deb	20 9am Breakfast Club 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	21 9:30am Bingo 10am Line Dancing 11am Bridge 11:15amTai Chi 11:30am \$5 Bag Lunch
24 11:30am Ballroom Dancing 1-2pm Grief Support	25 9am Breakfast Club 9-11am BP's w/ Karen	26 9:30am Bingo 10am Mah Jongg 11am Euchre	27 9am Breakfast Club 9:30am BP'S w/Loretta 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	28 9:30am Bingo *Time change* 10am Tai Chi 11:30am \$5 Bag Lunch
31 11:30am Ballroom Dancing				
	Monthly overvie CALL	w of the Center's activities. If THE CENTER to find out how	you are interested in something to participate. 419-698-7078	listed